

# performance tracker

name: \_\_\_\_\_



performance switches	PD1 date:	PD2 date:	my goal	timing	action steps	potential barriers
1. psychology	/ 28	/ 28				
2. environment	/ 28	/ 28				
3. recharge	/ 28	/ 28				
4. fuel	/ 28	/ 28				
5. organisation	/ 28	/ 28				
6. responsibility	/ 28	/ 28				
7. movement	/ 28	/ 28				
	/ 200	/ 200				